

Gabriela Magdaleno, School Social Worker PPS and Licensed and Marriage and Family
Therapist

Biography:

Gabriela Magdaleno, MS. PPS, LMFT is a Licensed Marriage and Family Therapist in the State of California and works as a School Social Worker in Ventura County helping families and students. Gabriela graduated with distinguished Honors from the University of California Santa Barbara with her BA and from California State University Northridge with her Masters in Counseling with an emphasis in Marriage and Family Therapy. Gabriela has worked in different mental health and school settings in Ventura County for over 14 years. She has worked with a variety of individuals, families, couples, children, and adults.

She is best known for her personality, her positive affection, and for her kindness. Gabriela's experience includes, helping families/individuals cope with issues including depression, anxiety, other mental health disorders, emotional issues, self-esteem, grief and loss, family issues, and crisis intervention. As a school social worker, I work collaboratively with community resources, our school staff, and our families to ensure equitable education opportunities for all students; ensure that students are mentally, physically, and emotionally present in the classroom; and promote respect and dignity for all students.

Since childhood, Gabriela has had a passion for helping others and has continued to develop innovative new ways to help others achieve wellness and prosperity in their lives. She considers herself blessed to work in such a valuable profession. Gabriela points out that "it is incredible to be invited into someone's life and be by their side through their efforts to overcome their problems and walk alongside of the people who need it most."